



Schweizerische Gesellschaft für Schlafforschung, Schlafmedizin und Chronobiologie
Société Suisse de Recherche sur le Sommeil, de Médecine du Sommeil et de Chronobiologie



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1st Pre-Congress Course in Dental Sleep Medicine

**Swiss Society for Sleep Research, Sleep Medicine
and Chronobiology (SSSSC)**

August 21 & 22, 2024

Hochschulzentrum vonRoll Bern | Fabrikstrasse 6 | 3012 Bern



| Scan and join!



| Welcome!

Dear Madam,
Dear Sir,

It is our pleasure to announce the **first Course in Dental Sleep Medicine**, organised by the Swiss Society for Sleep Research, Sleep Medicine and Chronobiology (SSSSC), in the framework of the Annual Congress and in response to the urgent request of our dental colleagues.

The course lasts 2 half days, it is organised by the Scientific Committee of our Society and will start as a pre-congress course on Wednesday, August 21, 2024, the day before the opening of the Annual Congress of Sleep Medicine.

The course aims at Swiss dentists who wish to acquire specific knowledge in the management of dental therapy for sleep disorders, in particular obstructive sleep apnea in adults. Experts in the field will discuss the diagnosis and treatment of snoring and obstructive sleep apnea, providing an essential foundation for dentists wishing to acquire specific skills in the management of mandibular advancement devices.

The course will take place at Hochschulzentrum VonRoll in Berne and will be conducted in English.

Approximately 8,000 patients with OSA are referred to sleep centres each year, where they receive a multidisciplinary approach and a wide range of therapies, which is only possible thanks to the fruitful collaboration between the various medical disciplines.

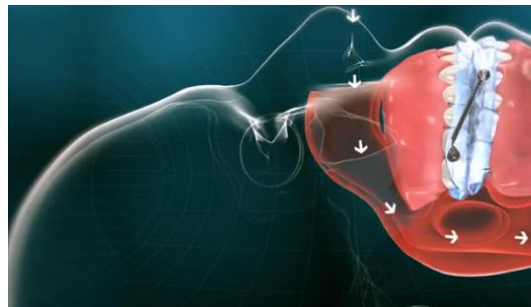
We are looking forward to welcome you in Berne!

| Program Wednesday, August 21, 2024

- 13:30 **Registration**
- 14:00 **Introduction/Moderators**
Mauro Manconi, Raphael Heinzer
- 14:15 **Sleep Architecture and Pathophysiology (ICSD)**
Ramin Khatami
- 14:35 **Definition of breathing events and diagnostic procedures**
Stephany Fulda
- 14:55 **Pathophysiology, clinical picture and CV risk**
Raphael Heinzer
- 15:30 **Coffee break**
- 16:00 **DISE/Neuromodulation**
Karma Lambercy
- 16:30 **Maxillo-faciale surgery**
Martin Broome
- 16:50 **MAD: functional bases and different models**
Sibylle Chatelain
- 17:10 **MAD: indications, contraindications**
Alessandro Perucchi
- 18:30 **Speakers Dinner (open to attendees)**

| Program Thursday, August 22, 2024

- 08:30 **MAD vs CPAP**
Tsogyal Latshang
- 08:50 **MAD: compliance/side effects**
Dominik Ettlin
- 09:10 **MAD: failure/inefficacy**
Alessandro Perucchi
- 09:40 **MAD: printing and titration**
Johann Malina
- 10:00 **Coffee Break**
- 10:30 **MAD: international guidelines**
Mauro Manconi
- 10:50 **MAD: insurance issues**
Claudia Jeger, Lugano
- 11:20 **Bruxism, Bite and muscular pain**
Philippe Rieder
- 11:50 **Clinical Cases**
Alessandro Perucchi, Sibylle Chatelain



| Organisation

**Swiss Society for Sleep Research, Sleep Medicine
and Chronobiology (SSSSC)**

Prof. Dr. med. Mauro Manconi, EOC
Dr. med. dent. Sibylle Chatelain, CHUV
Prof. Dr. med. Raphael Heinzer, CHUV

| Speakers

Prof. Dr. med. dent. Martin Broome, CHUV
Dr. med. dent. Sibylle Chatelain, CHUV
PD Dr. med. Dr. med. dent Dominik Ettlin, UZH
Dr. med. Stephany Fulda, EOC
Prof. Dr. med. Raphael Heinzer, CHUV
Dr. med. dent. Claudia Jeger, Lugano
Prof. Dr. med. Ramin Khatami, Barmelweid
Dr. med. Karma Lambercy, CHUV
PD Dr. med. Tsogyal Latshang, KSGR
Dr. med. Dr. med. dent. Johann Malina, Swiss Medical Network
Prof. Dr. med. Mauro Manconi, EOC
Dr. med. dent. Alessandro Perucchi, Mendrisio
Dr. med. dent. Philippe Rieder, Dentist, dentalsolutions

| Speaker & Attendee Dinner

August 21, 2024, from 18:30 hrs.

Restaurant Dampfzentrale, Marzilistrasse 47, 3005 Bern

Costs: CHF 80.--

| Participation fee

Regular SSSSC member: CHF 200

Non-member of the SSSSC: CHF 300

Student: CHF 200

Please note that onsite fees will be higher than regular fees. No reduction can be granted if only attending half of the time.

| Registration

[Register here:](#)

If you would like to attend the Annual Meeting 2024 of the SSSSC as well, you will pay only 50% of the usual registration fee of this Meeting. Please register separately for the Annual Meeting ([Register here](#)).

| Credits

SSO: 7

SGSSSC: 7.5

SGORL: 7

| Thank you to our sponsors



| Contact

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